

Quick Guide to Fisher & Paykel Nasal Masks

Nasal Mask Name	Quick Description	Silicone Seal Style	Sizing	Unique Features
FlexiFit 405 & Aclaim2	The 405 was released in 2003 and marketed to fit most patients. Includes two sizes of silicone seals. Diffuser on elbow with a filter.	Clear, sticky-to-touch silicone seal over foam insert.	Two sizes are included and designed to fit most patients.	Includes diffuser filter to reduce noise.
FlexiFit 406	Released in 2006, the 406 is a petite size nasal mask. Diffuser on elbow with no filter.	Frosted silicone seal over foam insert for softer, thinner feel.	See sizing guide in the download tab for more information. Zest Petite is smaller than the 406.	Different from the 405 in sizing and silicone style. No maintenance diffuser.
FlexiFit 407	A larger version of the 406, including a slightly larger headgear. Released in 2004. Size of the seal closely resembles a 405 Small.	Frosted silicone seal over foam insert for softer, thinner feel.	See sizing guide in the download tab for more information.	Larger than the 406. Different from the 405 in sizing and silicone style. No maintenance diffuser.
Zest	The Zest is the <u>latest</u> line of nasal masks from Fisher & Paykel. Available in three sizes. Diffuser is on frame. This is an excellent upgrade for all patients still using the FlexiFit series.	Frosted silicone seal over foam insert. Cutouts on foam insert allow for flexibility and bending. Includes hard plastic clip on cushion for easy pop-on/pop-off.	Available in three sizes (Petite, Standard, and Plus). See sizing guide in the download tab for more information. Zest Petite is approved for all persons over 66lbs.	Replacement for the FlexiFit Series. Includes Variable Thickness Silicone (VST). VST allows for thicker silicone at the base of the cushion and softer, thinner silicone towards the bridge of the nose.

**Trading your FlexiFit for a Zest? Here is quick table for size translation.
Always check downloadable sizing guides to be sure of size.**

405 with large silicone seal = Zest Plus
 405 with small silicone seal = Zest Standard
 406 = Zest Petite (slightly smaller than the 406)
 407 = Zest Standard

