



## **TheCPAPPeople.com Offers Products to Help Ensure Patient Compliance with CPAP Therapy**

*March 7-13, 2011 is National Sleep Awareness Week. While spreading the good word about sleep, TheCPAPPeople.com is furthering its efforts to help patients achieve compliance with CPAP Therapy by offering comfort products that can make CPAP Therapy easier.*

Richmond, VA ([PRWEB](#)) March 3, 2011 -- For patients of Continuous Positive Airway Pressure (CPAP), the initial shock of breathing with an apparatus on the face can be extreme. Patients often express discomfort with CPAP masks and [CPAP machines](#) ranging from dry eyes to dry mouth, red marks on the cheeks or forehead, skin rashes, or nasal congestion. TheCPAPPeople.com website is ready to tackle these issues with comfort products designed to alleviate these symptoms. "Anything we can provide to make our patients more compliant will help everyone, from sleep doctors to providers and of course, the patients. We want everyone to experience the life changing effects that CPAP Therapy can provide," says Tim Tillman, CIO.

First, and most importantly, it is recommended that all patients use a heated humidifier with their CPAP machine or BiPAP machine. Warm and moist air helps to prevent dry mouth and nasal passages. It has almost become standard for Therapy to include humidification. Patients experiencing dryness even with a humidifier should consider raising the heat setting of the humidifier or raising the ambient temperature in the room. "Even a change of one or two degrees in room air can help the CPAP machine maintain humidification within the tubing," says Tillman. All CPAP machines offered on the website have the ability to be bundled with a humidifier, or a humidifier can be purchased separately.

For patients struggling with embarrassing red marks caused either by the CPAP mask or the CPAP headgear, there are two solutions. The RemZZZs Mask Liner can help not only to reduce leaks with CPAP masks, but also to offer additional comfort and protection for the face. RemZZZs are available in a trial pack or a 30-day supply. Additionally, protection pads for CPAP headgear are available. A company named Mars offers StrapGuards to help prevent the indentations that can be caused by headgear. The Mars StrapGuards are made of soft flannel-like materials and can be purchased in single layer or double layer protection. Also, the new ResMed Gecko™ Nasal Pad sits on the bridge of the nose to reduce soreness and redness caused by [CPAP masks](#). The Gecko can help to reduce mask leaks too.

Patients who are side-sleepers or who reposition often during the night may find discomfort caused by the pressure created against their bed pillow. To answer this, multiple companies have designed CPAP pillows with special foam, curvatures, and cut-outs that allow the mask to be unobstructed when the patient moves. Contour Products has created the Contour CPAP Pillow. The Contour bed pillow has been proven to reduce mask leaks and pressures on the face. The special pillow is designed for freedom of movement during sleep and is suitable for side-sleepers, back-sleepers, and even stomach sleepers.

Other [CPAP supplies](#) exist to help patients experience comfort during Therapy. The Bro-GHO Hose Buddy keeps tubing elevated to reduce gravity strain, and even helps with rain-out issues. TheCPAPPeople.com also has products for aroma therapy, cleaning, moisturizing, and even anti-bacterial tubing filters. The website offers only the best products to help patients stay compliant with Therapy and increase quality of life. "Our main goal as a company is to educate and help our patients be compliant. We know that compliance brings happiness and changes lives for the better. The road is sometimes bumpy, but we hope we can make it smooth," says Tillman.



#### About CPAP Connections, Inc.

CPAP Connections, Inc. is a privately held company based in Chesterfield County in the Richmond- metro area of Virginia that sells [CPAP machines](#), [CPAP masks](#), and other [CPAP supplies](#). Through a series of websites like [TheCPAPPeople.com](http://www.TheCPAPPeople.com), CPAP Connections Inc. hopes to provide to sleep apnea patients the support and service required for accurate compliance with CPAP Therapy. More information can be found by visiting <http://www.TheCPAPPeople.com>, or on Facebook at <http://www.Facebook.com/TheCPAPPeople>

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